

Senior L.I.F.E. Center
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[November Newsletter](#)

LOOKS LIKE FALL IS HERE TO STAY AT LEAST UNTIL WINTER

Hello,

The weather is finally changing. I like it. Looks like it is time for us to get our fall/winter clothes, favorite sweaters and warm quilts out to cuddle with. A sense of comfort to snuggle with your favorite pet and blanket and watch good movies on TV. Take our troubles away...

Day Light Savings time change is 2:00 AM, on Sunday, November 1st. Yippee, we gain an hour of sleep.

We have decided that since our drive through/visiting in parking lot has been so successful, we will be doing 2 drive through's a month starting November. Calendar below.

The Halloween meal drive through was so much fun. Some dressed in some great costumes and so many got to visit in the parking lot. I would have to say that Geoff was the best as Dracula. He wore his mask like a good vampire but he made sure that his teeth were out so he could suck blood safely. Check out the website to see pictures. It was great to see everybody. Thanks to Rock Harbor for the wonderful meal.

NOVEMBER CALENDAR: We will be calling everybody to remind, get headcount on pick-ups and deliveries.

THURSDAY, NOVEMBER 5TH – 12:00 – 1:00. DRIVE THROUGH
MENU: CHILI, CORN BREAD, ROASTED VEGGIE'S AND DESSERT

WEDNESDAY, NOVEMBER 18TH – 12:00 – 1:00. DRIVE THROUGH
MENU: THANKSGIVING DINNER WITH ALL THE FIXINS, AND ROCK HARBOR'S WONDERFUL DESSERTS. YUMMY.

DECEMBER CALENDAR: We will be calling everybody to remind, get headcount on pick-ups and deliveries.

THURSDAY, DECEMBER 3 – 12:00 – 1:00. DRIVE THROUGH
MENU: TO BE DETERMINED

THURSDAY, DECEMBER 17TH - 12:00 -1:00. DRIVE THROUGH
MENU: HOLIDAY DINNER BY LOOMIS SOROPTIMIST. HAM DINNER WITH ALL THE TRIMMINGS.

It is so much fun to see that it does not stop us to visit with our friends in a smart social distance environment. We seniors are optimistic and clever....

If you need anything, (groceries, dr. appts, or just to talk) below are phone numbers of the staff.

Jim – 916-792-5825

Wanda – 916-792-7232

Kerry – 916-580-7952

Tara – 661-917-7043

