



**Senior L.I.F.E. Center**  
**6414 Brace Road, Loomis, CA 95650**  
**916-660-0549**

[www.loomisseniorlifecenter.com](http://www.loomisseniorlifecenter.com)

[October Newsletter](#)

**WELCOME TO FALL OF 2020, MAY THE REST OF THE YEAR BE BRIGHTER.**

Hello,

I don't know about you all, but I am getting tired of this heat, and smoke and yucky bad thoughts. Looking forward to warm sweaters and cuddly blankets. Wouldn't it be nice if we could have a very colorful fall season and a mild and beautiful winter season? What a wonderful way to close this year of 2020.

Again, we start this month on a sad note. Adrienne Forrest passed away. Adrienne was with the Sr. Ctr for over 10 years. She enjoyed the exercise classes and the singing group. There will be no services.

**GOOD NEWS:** During our last board meeting, we received the okay to have our Halloween Costume Party on October 15<sup>th</sup> in the court yard with social distancing and masks. Time: 10:30 – 12:30. Rock Harbor will be supplying the meals and dessert..

For those who do not feel comfortable joining the gathering can come and get their meals. We will, like we have done in the past, call everybody a week before to find out who needs their meals delivered and those who want to stay for the party and those who wish to just pick up their meals. We are looking forward to seeing you all on October 15<sup>th</sup>. HAPPY HALLOWEEN...

**PLANS FOR THE NOVEMBER/DECEMBER:**

**HAPPY THANKSGIVING:** Butterball (NorBest) again will be making our Thanksgiving Meal. Since we cannot have the holiday luncheon at the center, we will be doing a drive through and delivery. We want to make sure that everybody gets a holiday meal we will have 2 meals per household. Again, we will be calling everybody to find out who can pick up their Thanksgiving Meal, and who needs their meals delivered.

**MERRY CHRISTMAS:** We do have plans for Christmas, However, until plans are in place, we will have to wait to announce what we are going to do. We will make sure that all of you will be notified.

**THANK YOU:** We would like to take this time to let you know how appreciative we are for your uplifting thoughts and comments. This has been a very rough year for all of us. We would like to take a few minutes to say Thank You for all of your positive attitudes and the very nice feedback from the surveys we have received. We cannot do this without you. Can't wait to start 2021 with all of you....

If you need anything, (groceries, dr. appts, or just to talk) below are phone numbers of the staff.

Jim – 916-792-5825

Wanda – 916-792-7232

Kerry – 916-580-7952

Tara – 661-917-7043

