



THE SENIOR L.I.F.E CENTER MONTHLY CALENDAR

MARCH 2020

DATE	TUESDAY	DATE	WEDNESDAY	DATE	THURSDAY
03/03	9-10-ZUMBA 9-11:45-ART/PAINTING 9:00-11:45 CERAMICS 10-11-STRETCHERSIZE 11-11:45-YOGA 12-1- LINCOLN 6	03/04	9-9:45 COFFEE & NEWS 9:00-10:00 YOGA 10:45-11:45 TAI CHI 12-1- ACHIEVE IT FITNESS – SLOPPY JOES	03/05	9-10-ZUMBA 9-11:45-SEWING 10-11-STRETCHERSIZE 11-11:45-YOGA 11:11:45 SINGING 12-1-LINCOLN 2
03/10	9-10-ZUMBA 9-11:45-ART/PAINTING 10-11-STRETCHERSIZE 11-11:45-YOGA 12-1 –LOOMIS 1	03/11	9-9:45 COFFEE & NEWS 9:00-2:00 RED HAWK 9:00 10:00 YOGA 9:45-10:45 STRETCHERSIZE 10:45-11:45 TAI CHI 12-1-LINCOLN 5	03/12	9-10-ZUMBA 9-11:45-SEWING 10-11-STRETCHERSIZE 10:15-12:15 IPHONE CLASS 11-11:45-YOGA 11-12-LOOMIS LIBRARY 12-1- LOOMIS 3
03/17 	9-10-ZUMBA 9-11:45-ART/PAINTING 9:00-11:45 CERAMICS 10-11-STRETCHERSIZE 11-11:45-YOGA 12-1 SOROPTIMIST	03/18	9-9:45 COFFEE & NEWS 9:45-10:45 BINGO 10:45-11:45 TAI CHI 12-1 BREAKFAST CASSEROLE	03/19	9-10-ZUMBA 9-11:45-SEWING 10-11-STRETCHERSIZE 10:45-11:45 SINGING 11-11:45-YOGA 12-1-DEL ORO CULINARY
03/24	9-10-ZUMBA 9-11:45-ART/PAINTING 10-11-STRETCHERSIZE 11-11:45-YOGA 12-1-LOOMIS 2	03/25	9-9:45 COFFEE & NEWS 9:00 10:00 YOGA 9:45-10:45 STRETCHERSIZE 10:45-11:45 TAI CHI 12-1-CHILI AND CORNBREAD	03/26	9-10-ZUMBA 9-11:45-SEWING 10-11-STRETCHERSIZE 11-11:45-YOGA 12-1-ROCK HARBOR
03/31 	9-10-ZUMBA 9-11:45-ART/PAINTING 10-11-STRETCHERSIZE 11-11:45-YOGA 11:00 11:45 -BINGO 12-1-PIZZA		SUNDAY, MARCH 8TH. DAYLIGHT SAVING TIME SPRING FORWARD, FALL BACK		